




TOUR OF VERCORS


The best of the massif on a platter




Limestone massif of the Prealps, perched between Drôme and Isère, the Vercors (the largest Regional Natural Park in France), is a true paradise for hikers. Wide open valleys, vast forests of fir and spruce, but also beech and maple, paths in lookouts, everything calls for "resourcing"... The variety of landscapes amazes the hiker: medium mountain "classic", white walls of limestone, deep and mysterious gorges, caves and surprising resurgences, passages (called "pas") unsuspected in the cliffs, borrowed for centuries. A little further up, there is this immense desert of the Highlands (nature reserve), a veritable chaos of limestone and sheep pasture.

The average altitude, between 700 m and 1400 m, a climate neither too hot nor too cold: you feel good, the air is lively, the fauna and flora abound. The Vercors is also a mountain that has been able to remain alive, thanks to complementary activities: in addition to the breeding, the reception of children on the farm once, and today, a tourism that has been able to remain discreet. No concrete station, but small villages that have kept their strength and are happy to welcome you. Logging is still important, and large farms which still produce meat, milk and cheese.


 7 Days

 Guided / with a guide

 With or without luggage transportation

 Accommodation : Classic (dormitory)

 Level : ***

 From : 1065€

You will like

- A route known for more than 30 years
- The variety of landscapes, the many amazing panoramas, the beauty of the caves of Choranche
- Many local products and coaching by a passionate local guide
- Comfortable accommodation in gîtes and hotels

The route

Day 1

Meeting point at 1.45pm in Autrans.

AUTRANS

Arrival in early afternoon in Autrans, dynamic village of Vercors. Our walk will take us in the middle of a secluded clearing on the plateau of Gève, surrounded by spruce forests. Dinner and overnight in the refuge of Gève, in Autrans.

3 hour walk / Elevation: +250m

Day 2

AUTRANS - RENCUREL

We will cross the "Pas" of Pertuson separating the Val d'Autrans Méaudre from the Val de Rencurel, small village, quiet and rural. Overnight on the heights of the village in lodging. Dinner and overnight in the hotel of Rencurel

6 hours walk / Elevation: +750m -1000m

Day 3

RENCUREL - CHORANCHE - PONT-EN-ROYANS

By the Pas du Ranc and the caves of Choranche. A day rich in exceptional sites: Choranche, an amazing circus of white cliffs, Choranche and its waterfalls. Dinner and night in Choranche or in Pont-en-Royans, a bustling large village, and its houses suspended above the river Bourne, a curiosity in the landscape.

Dinner and overnight in a hotel in Pont en Royans.

6h30 hours walk / Elevation: +500m -1000m

Day 4

PONT-EN-ROYANS - ST MARTIN EN VERCORS

Small transfer to the Mézelier pass. Climb on the Vercors Central by the Pas des Arches and the Grands Goulets. Superb panoramas over the entire massif, where we can distinguish perfectly the different parts of this limestone massif, notched with deep gorges. We cross the sumptuous mixed forest of the Allier, which will allow us to discover the valley of Saint-Martin-en-Vercors. Transfer to Chapelle en Vercors. Dinner and overnight in a hotel in La Chapelle en Vercors

5 hours walk / Elevation: +850m -630m

Day 5

TOURTRE - BOIS BARBU

Short transfer to Tourtre. Our hike of the day takes us to Bois Barbu, above Villard-de-Lans, by the Pas de St Martin then the plain of Herbouilly and the ruined village of Valchevrière. Dinner and overnight in the gîte Bois Barbu.

5 hours walk / Elevation: +900m -450m

Day 6

BOIS BARBU - VILLARD-DE-LANS - LANS-EN-VERCORS

A short transfer to "la Conversaria", above Villard de Lans. You will then reach Lans via the Sentier Gobert (Col Vert and Pic St Michel are optional), a magnificent "ecological trail" where you will discover the typical flora of the northern Vercors, a balcony trail that dominates the entire Villard valley. The Col de l'Arc is a superb pass with easy access, offering a magnificent balcony overlooking Belledonne and Oisans. The Pic St Michel is one of the peaks of the northern Vercors, offering a remarkable view of the entire Alps and the northern Vercors. Dinner and overnight in a hotel in Lans en

Vercors.

5 hours walk / Elevation: +350m -400m

Day 7

LANS-EN-VERCORS

End of the tour after breakfast.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc.

The trip

LEVEL ***

Elevation: +/- 900m approximately per day.

Walking time: 5 to 7 hours per day.

Type of trek: mountain trails with no particular technical difficulties.

This trip is organised in collaboration with our local partners, who are as committed as we are to providing you with an authentic experience.

GROUP

From 6 participants and limited to 12 participants.

In exceptional circumstances, the group may include one extra person, for example if a couple signs up when there is only one place left, or in the case of simultaneous registrations.

ACCOMODATION

4 nights in hotels in rooms, 1 night in an auberge hostel in shared rooms and 1 night in a refuge in dormitories.

Single rooms are available at extra cost (except on Day 1).

MEALS

Breakfast and dinner are provided in each accommodation.

Picnics are included and are carefully prepared daily by your mountain leader, comprising a variety of a healthy salads and local products.

Please inform us about your food allergies and special diets **at the time of booking.**

We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

Practical information

ACCESS TO DEPARTURE POINT

Meeting point at 1.45pm in Autrans.

BY TRAIN / BUS

Train to Grenoble (www.sncf-connect.com) then bus to Autrans.

Regular bus to Autrans (line T64 then T66), from the bus station, next to the train station : 04 26 16 38 38 ou www.carsisere.auvergnerhonealpes.fr/

BY CAR

Direction Valence (if you com from the south) or Grenoble (if you come from the north), tehn Villard-de-Lans.

Lans is 20 km away from Grenoble, Villard is 30 km away from Grenoble.

You can park your car at the Lans-en-Vercors tourist office and then take a bus to Autrans (line 5120).

CLOSEST AIRPORTS

Lyon (LYS)

1h by car to Grenoble, then train and bus to Lans-en-Vercors and Autrans.

End of the tour on D7 after breakfast in Lans en Vercors

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. In no case can we be responsible for your own Personal Liability. If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

7 days and 6 nights

Optional : single room for 5 nights : **€170** per person

THE PRICE

The price includes:

- Organisation and booking fees, guiding by a qualified and insured mountain leader ;
- All meals including picnic lunches and simple snacks during the day ;
- Accommodation in gîtes, refuges and small hotels, including the tourist tax ;
- Transfers initially planned during the trek
- Baggage transport between accommodation

The price does not include:

- Personal expenses (drinks, etc.);
- Touristic visits;
- Cancellation insurance;
- Your return journey from home to departure/end point.

Extra expense:

- Visit of Grottes of Choranche : 13.70 € per person (guide price)

The price is all inclusive from departure to end point.

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

BAGGAGE TRANSPORT

Your luggage is transported by a logistics vehicle from stage to stage.

Your change of clothes should be packed in 1 soft bag weighing no more than 12 kg (for your comfort on the upper floors and in the dormitories, avoid rigid suitcases or bags that are too heavy or bulky).

N.B.: In spring and autumn, due to work in the gorges de la Bourne, luggage may arrive in the accommodation from 6pm. The exact period has yet to be determined.

HOW TO REGISTER

- By internet: www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
62, passage du Nant Devant
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (inc. maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:

First name:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

Requested tour:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:

Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE